

## **Calling All Single Mothers and Mentors!**

**If you're in need of a shoulder to lean on, or you want to  
Lend a helping hand to a local single mother, become part  
of the...**

### **GOLDEN CONNECTION PAL PROGRAM**

- ❖ A mentoring program that pairs single mothers with established women in the community**
- ❖ Meet for 1-2 hours every other week for 6 months or longer**
- ❖ Participate in activities and outings with your pal**
- ❖ Get a break from the day-to-day**
- ❖ Share life experiences and lessons and make a new friend!**

**Any inquiries please call or email Parisa Rahnema, Program Coordinator**

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