



S.W.I.M

Single Women in Motherhood

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SWIM's Child Care Exchange Program

The goal of this program is to provide mothers a chance to have some "me" time without the children in order to unwind, de-stress, do errands, shop or whatever you would like to do with your spare time of two to three hour chunks. Moms could pair up, ideally with women with the same number of children or similar ages, close proximity, etc. or volunteer their time in three hour chunks to babysit. We have a location where the children will be cared for in an MP's constituency office, which has a community room.

Initially we will have the child care exchange program once a month for three hours. We are also looking for some volunteers to help look after children as well.

1. Would such a program interest you? Is there a need for it? _____
2. Would you be comfortable having a volunteer look after the children and would you be willing to volunteer? _____
3. Would you pay a membership fee? _____
4. What are the ages of your children? _____
5. Do any of your children have special needs or allergies? _____
6. Do you have any first-aid training or do you think the caregiver needs to have first-aid training? _____
7. Would CAS need to be informed if another person was to care for your children? _____
8. Would you be comfortable having a police check done? _____
9. Do you have any confidentiality concerns, cultural or religious issues? _____
10. Do you have any other concerns about this program? _____